



WEEKLY QUESTIONS - THE WAR OF ART

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The questions below are intended to make you think about the material you are reading and how it applies to your own life, as well as where you can make changes. You can answer these questions on your blog, in a journal, or in our [Facebook group](#) – or all of the above! If you are behind, don't worry. All the information will be there for you to come back to at your own pace. No stress. No judgment. No guilt!

QUESTIONS:

1. Take a moment to realize how incredible it is to CREATE – to bring something out of nothing. YOU ARE A MIRACLE. You are a magician! Appreciate that ability.
2. In the section on Life and Death, SP talks about the difference between Ego and Self. Ego protects itself, wants to stay the same, is fearful of change. Self, on the other hand, is expansive, giving, and open to change. If you were to turn down the voice on your Ego, what is your Self calling you to do?
3. Fear. Ah, fear! There is a whole section on it and what Ego fears. What are YOU afraid of, truly?
4. “Our job in this lifetime is not to shape ourselves into some ideal we imagine we ought to be, but to find out who we already are and become it.” What were YOU born to do? The common answer is, “I don't know!”

I don't buy it. YOU KNOW. You are just afraid to admit it.

So... what would you do if you knew your life depended on it?

5. The Definition of a Hack: Hacks perform with one eye on the audience. There's nothing inherently wrong with that – sometimes we need to please! – but for our life's work, we need to turn off the comments. This is why others' opinions don't matter – your work has nothing to do with them. Who are you listening to? Who do you need to ignore?
6. Your territory is the place you OWN. It's the area where you are supreme master, not needing anyone's advice, input, or permission. What is your territory now? What would

you like it to be? What do you need to do to claim your territory?

7. What are your biggest takeaways or “Aha!” realizations from this section?

Summary:

- Resistance is fear. Fear is not real to the Self – it is created by the Ego.
- In our territory, we make all the decisions. It's important to claim and maintain our territory.
- We already know what we need to do. We just need to name it, claim it, and do it.

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