



# Living Life LOUD

## Month 2 – Theme Call MOTHERS AND DAUGHTERS FEBRUARY 2016

**Why is this relationship unique and important?**

**What are some of the models we look at for moms?**

**What are some of the models we look at for daughters?**

**Why is it hard for daughters?**

**Why is it hard for mothers?**

**What are the mistakes?**

**What can we do as mothers?**

**What can we do as daughters?**

**Both:**

## RESOURCES

[You're Wearing That? Understanding Mothers and Daughters in Conversation](#), Deborah Tannen, Ph.D.

[I'm Not Mad, I Just Hate You! A New Understanding of Mother-Daughter Conflict](#), Ronie Cohen-Sandler

[Five Love Languages](#) by Gary Chapman

**TED Talk:**



[Jennifer Senior: For Parents, Happiness Is a Very High Bar](#)